



# RENEW YOUR FUTURE™

## 2022 Goals Check-In

**CALL THREE**

*“Your direction is more important than your speed.”*

**- Richard L. Evans**

*“Lack of direction, not lack of time, is the problem.  
We all have twenty-four hour days.”*

**- Zig Ziglar**



## GOALS CHECK-IN #3

1. Are you headed in the right direction? How so and/or how not?

2. In what areas might you consider a change in direction? How so?





3. What positive results are you seeing so far this year? To what do you attribute those results?

4. Where have you fallen short and why?





5. How well are you sticking to the plans you made in January?

6. How have you been forced to pivot?

7. Name at least 5 great things that have happened to/for you as a result of the global shifts this year:





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gcej "qpg0

**SET-BACK:**

**ROOT CAUSE OF SET-BACK:**

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Within My Control

Outside My Control

aaaaaaaaaaaaaaaaaaaaaaaa

Within My Control

Outside My Control

aaaaaaaaaaaaaaaaaaaaaaaa

Within My Control

Outside My Control

aaaaaaaaaaaaaaaaaaaaaaaa

Within My Control

Outside My Control

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Within My Control

Outside My Control

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Within My Control

Outside My Control

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Within My Control

Outside My Control

9. What have you done about these setbacks? What else can you do?





## **YOUR 10 DAY**

10. Did you do it? How did it go?

11. If not, why not? Will you commit to do it before the end of the year?

12. If so, design another “10” day:





## FINISHING THE YEAR STRONG

13. In which areas can you best make improvements as you finish out the year?

14. Do you need to modify any of your goals? How specifically?

15. What can you do to improve your results as you round the home stretch for this year?





## CLOSING OUT & RAMPING UP

16. What uncompleted goals must you absolutely finish before the year ends?

17. Before the 2023 Goals Retreat, begin thinking about the things you want to accomplish next year. Start now and give yourself a “preview of coming attractions”:

**HOMEWORK:** Refocus your energies on your more important goals as you wrap up the year. You may need to drop or postpone some goals to achieve the ones most important to you.

*“If you are the only one who's rowing in the boat, you have no right to complain about which way you are heading!”*

**- Mehmet Murat ildan**







**MY MOST IMPORTANT GOALS:**

**Order**

1.	_____	_____
2.	_____	_____
3.	_____	_____
4.	_____	_____
5.	_____	_____
6.	_____	_____
7.	_____	_____
8.	_____	_____
9.	_____	_____
10.	_____	_____
11.	_____	_____
12.	_____	_____
13.	_____	_____
14.	_____	_____
15.	_____	_____
16.	_____	_____





**GOAL:** \_\_\_\_\_

**ACTION STEPS:**

**ORDER:**

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_
- 7. \_\_\_\_\_
- 8. \_\_\_\_\_
- 9. \_\_\_\_\_
- 10. \_\_\_\_\_

**YOUR ACTION PLAN:**

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**GOAL:** \_\_\_\_\_

**ACTION STEPS:**

**ORDER:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**YOUR ACTION PLAN:**

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## NOTABLE QUOTES

“Never confuse movement with action.” - Ernest Hemingway

“Every day you may make progress. Every step may be fruitful. Yet there will stretch out before you an ever-lengthening, ever-ascending, ever-improving path. You know you will never get to the end of the journey. But this, so far from discouraging, only adds to the joy and glory of the climb.” - Winston S. Churchill

“Inner guidance is heard like soft music in the night by those who have learned to listen.” - Vernon Howard

“Focus on progress, not perfection.” - Bill Phillips

“When it comes to first setting, and ultimately reaching a goal, your best friends are Clarity and Focus.” - Robert Helms

“You cannot change your destination overnight, but you can change your direction overnight.” - Jim Rohn

“The compass rose is nothing but a star with an infinite number of rays pointing in all directions. It is the one true and perfect symbol of the universe. And it is the one most accurate symbol of you. Spread your arms in an embrace, throw your head back, and prepare to receive and send coordinates of being. For, at last you know—you are the navigator, the captain, and the ship.” - Vera Nazarian

“Without deviation from the norm, progress is not possible.” - Frank Zappa

“Perhaps we'll never know how far the path can go, how much a human being can truly achieve, until we realize that the ultimate reward is not a gold medal but the path itself.” - George Leonard

“Success consists of getting up just one more time than you fall.” - Oliver Goldsmith

“Think twice before you speak, because your words and influence will plant the seed of either success or failure in the mind of another.” - Napoleon Hill

“Progress means getting nearer to the place you want to be. And if you have taken a wrong turn, then to go forward does not get you any nearer. If you are on the wrong road, progress means doing an about-turn and walking back to the right road; and in that case the man who turns back soonest is the most progressive man.” - C.S. Lewis